# rotherham school meals

## Primary Schools – Choice Meals

| BAND | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------|--------|---------|-----------|----------|--------|
| RED | Fish Fingers served with Parsley Sauce | Chicken pie (H/M) | Pizza Margarita (H/M) (V) | Roast Pork with Apple Sauce (H/M) | Chicken Supreme and Rice (H/M) |
|  |  |  |  |  |  |
| GREEN | Jacket potato with Cheese and Beans (H/M) (V) | Jacket Potato with Tuna (H/M) | Jacket Potato with Ham and Beans (H/M) | Jacket Potato with Salmon/Tuna (H/M) | Jacket Potato with Cheese and Coleslaw (H/M) (V) |
| BLUE | Tuna Sandwich | Cheese Sandwich (V) | Egg Sandwich (v) | Tuna Sandwich | Ham Sandwich |
|  | Chipped Potatoes | New Potatoes | Jacket wedges/crusty br ead | Roast Potatoes | Creamed Potatoes/crusty bread |
|  | Garden Peas Broccoli | Sweetcorn Carrots | Garden Peas Coleslaw | Cabbage Cauliflower | Green Beans Carrots |
|  | Eves Pudding & custard Oaty Biscuit & milk | Rice Pudding & fruit Iced bun & juice | Chocolate Mandarin Sponge & Chocolate Sauce Fruit Jelly Pot | Jam Shortcake & custard Assorted Mousse | Fruit Crumble & custard Ice cream |

**Salad, Fresh Fruit, Yoghurt and Milk are all available every day.**
**H/M – Homemade          V – Vegetarian**

• All food oven baked (including potato products) wherever possible.
• Bread available daily without spread.
• All desserts are made on the premises.

## Blue Option

A choice from:
A Sandwich, Vegetable Sticks,
Yoghurt, Fresh Fruit, Cold Bake, Drink
will be available every Day

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| BAND | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|---|
| RED | Shepherds Pie (H/M) | Burger in a bun (H/M) | Battered Fish and Parsley Sauce | Roast Chicken and stuffing (H/M) | Chicken Curry and Rice (H/M) |
| | | | | | |
| GREEN | Jacket Potato with Tuna and Sweetcorn mayo (H/M) | Jacket Potato with Chilli (H/M) | Jacket Potato with Cheese and Coleslaw (H/M) (V) | Jacket Potato with Cheese and Beans (H/M) (V) | Jacket Potato with Beans and Ham (H/M) |
| BLUE | Cheese Sandwich (v) | Tuna Sandwich | Egg Sandwich (v) | Tuna Sandwich | Egg Sandwich (v) |
| | Creamed Potatoes/Garlic slice | Jacket wedges | Chips/garlic slice | Roast Potatoes | Creamed Potatoes/crusty bread |
| | Garden Peas Carrots | Sweet corn Coleslaw | Garden Peas Beetroot | Cauliflower Carrots | Green beans Carrots |
| | Marble Sponge & custard Ginger biscuit & milk | Apple Flapjack & custard Chocolate & orange sundae | Bakewell Tart & custard Butterfly Bun with fruit wedges | Rice Pudding & fruit Chocolate Crunch & milk shake | Fruit Crumble & custard Ice cream |

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|------|--------|---------|-----------|----------|--------|
| **RED** | Spaghetti Bolognaise (H/M) | Sausage and Bean Hotpot (H/M) | Italian Chicken Pasta (H/M) | Roast Gammon & Pineapple (H/M) | Breaded Fish served with lemon wedge |
| | | | | | |
| **GREEN** | Jacket Potato with Tuna and cucumber (H/M) | Jacket Potato with Cheese and Coleslaw (H/M) (V) | Jacket Potato with beans and ham (H/M) | Jacket Potato with Cheese and Coleslaw (H/M) (V) | Jacket Potato with Cheese and Beans (H/M) (V) |
| **BLUE** | Cheese Sandwich (H/M) (V) | Tuna Sandwich (H/M) | Egg Sandwich (H/M) (V) | Tuna Sandwich (H/M) | Ham Sandwich (H/M) |
| | Garlic bread/New potatoes | Roast Potatoes | Jacket wedges | Creamed Potatoes/Crusty bread | Chips/Crusty bread |
| | Garden Peas Carrots | Broccoli Sweetcorn | Garden Peas Cauliflower | Carrots/Cabbage Mixed Salad | Mushy Peas Mixed Vegetables |
| | Carrot Cake and custard Mousse and fruit wedges | Lemon Iced Sponge & custard Coconut Biscuit & milk shake | Pears & Chocolate sauce Fruit Jelly topped with cream | Jam Roly Poly & custard Chocolate rice crispy bun & milk | Fruit scone with jam and cream Gateau |

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